

HAPPY
Days

FREE RANGE EGGS



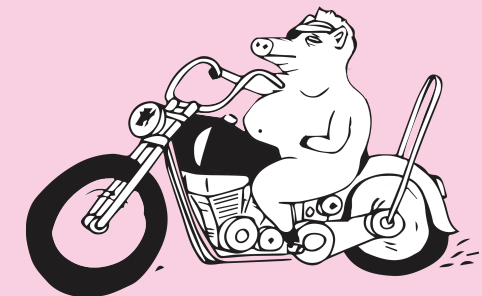
MENU

BREAKFAST / BRUNCH

AVAILABLE UNTIL 3PM DAILY



FREE RANGE PORK



TOAST

HOMEMADE PRESERVES ON FIVE GRAIN TOAST OR CIABATTA..... \$ 8

EGGS ON TOAST

FREE RANGE EGGS ANY STYLE ON FIVE GRAIN OR CIABATTA \$ 11

- ADD BACON (3)..... \$5
- ADD MUSHROOMS \$5
- ADD TOMATO (1)..... \$4
- ADD AVOCADO (1/2)..... \$4
- ADD GRILLED HALLOUMI (3)..... \$5
- ADD COLD SMOKED SALMON \$5
- ADD KRANSKY SAUSAGES..... \$4
- ADD HASH BROWNS (3)..... \$4
- ADD GLUTEN FREE BREAD..... \$4

HIGH FIVE BREAKFAST STACK

OPTION 1 :

TOASTED CIABATTA, BACON, HASHBROWNS, GRILLED TOMATO
& A POACHED EGG WITH BBQ SAUCE AND CREAMY HOLLANDAISE \$ 17

OPTION 2 :

TOASTED CIABATTA, AVOCADO OR MUSHROOM, HASHBROWNS, GRILLED TOMATO
AND A POACHED EGG WITH PESTO & HOLLANDAISE \$ 17

OPTION 3 :

TOASTED CIABATTA, GRILLED TOMATO, MUSHROOMS, WILTED SPINACH,
W/ HUMMUS, CHILI JAM & TOASTED SEEDS..... \$ 17

SMASHED AVO

SMASHED AVOCADO & TOMATO ON FIVE GRAIN W/ A WEDGE OF LEMON..... \$ 13

- WITH 2 POACHED EGGS..... \$ 17
- WITH 2 POACHED EGGS & COLD SMOKED SALMON OR BACON..... \$ 20

EGGS BENEDICT

SERVED WITH:

- BACON \$17
- MUSHROOMS & WILTED SPINACH \$16
- COLD SMOKED SALMON..... \$18

GRILLED HALLOUMI

PAN FRIED HALLOUMI CHEESE SERVED ON TOASTED CIABATTA W/ CHILLI JAM,
ROCKET & AVOCADO..... \$ 16

BACON BUTTIE

IN CIABATTA, LOADED W/ FREE RANGE BACON AND YOUR CHOICE OF SAUCE.... \$ 16
ADD EGG.... \$ 2

TOASTED MUESLI W/ UNSWEETENED YOGHURT, HONEY & SEASONAL FRUIT

CREAMY PORRIDGE W/ FRUIT, NUTS & MAPLE SYRUP OR HONEY FULL.....\$ 12
(CAN BE MADE VEGAN FRIENDLY WITH RICE, SOY, COCONU OR ALMOND MILK) HALF \$ 8

FRENCH TOAST

WITH BACON, BANANA AND MAPLE SYRUP..... \$ 18

GLUTEN FREE

BREAKFASTS CONTAINING BREAD CAN BE MADE WITH GLUTEN FREE BREAD..... \$ 3

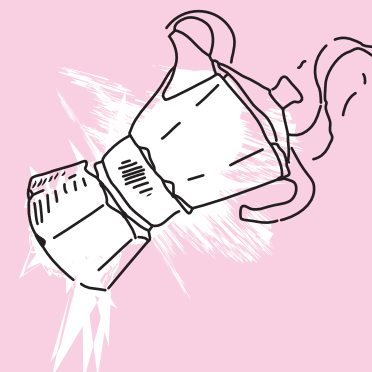
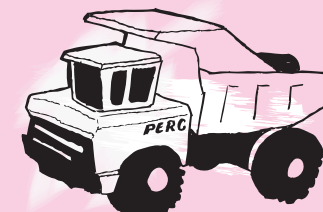
FREE RANGE CHICKEN



JUST
LOVE
IT!



WE ACCEPT USD, AUD & NZD CURRENCY



MENU

BRUNCH / LUNCH



CHOOSE:

POPPY SEED, SESAME SEED, CINNAMON & RAISIN OR GLUTEN FREE.

- 1 Pils peanut butter & homemade jam - \$6
- 2 Homemade raspberry jam & cream cheese - \$6
- 3 Hazelnut chocolate spread - \$5
- 4 Marmite & swiss cheese - \$7
- 5 Pastrami, wholeseed mustard, swiss cheese & pickle - \$10
- 6 Fresh salmon, cream cheese, red onion & capers - \$14
- 7 Avocado, tomato, basil with olive oil - \$9
- 8 Cream cheese, pesto & tomato - \$9
- 9 Bacon, spinach, hummus, tomato & aoli - \$12
- 10 Bacon, avocado, rocket & a fried egg - \$13

SOUP

HOMEMADE FULL FLAVOURED SOUPS ALWAYS AVAILABLE,
SERVED WITH CIABATTA - \$10
OR 2 CHEESE ROLLS - \$12

SEAFOOD CHOWDER

SERVED WITH CIABATTA - \$15
OR 2 CHEESE ROLLS - \$18

TOASTED SAMMIE

\$ 7.00

CHOOSE UP TO FOUR FILLINGS:
CHEESE, HAM, TOMATO, PINEAPPLE, ONION, PESTO, HUMMUS,
TOMATO RELISH OR BEETROOT CHUTNEY.

OLD FASHIONED CHEESE ROLLS

\$2.50

FRIES [GF]

SERVED WITH AIOLI AND TOMATO SAUCE - \$7

WEDGES

SERVED WITH SOUR CREAM AND SWEET CHILI SAUCE - \$8

CURLY FRIES

SERVED WITH CHILLI MAYO - \$ 8.00

DAILY SALADS, SANDWICHES, PIES, MUFFINS, CAKES, SLICES AND OTHER TREATS ALWAYS FRESH ALWAYS DELICIOUS ALWAYS YOURS

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